

SINCERITY

OVERVIEW

lesson 21



BIG IDEA

Sincerity is earnest honesty that is readily doing what is right, with pure and loving intention. The root of sincerity is love.

KEY VERSES

I Peter 1:22

Now that you have purified yourselves by obeying the truth so that you have sincere love for each other, love one another deeply, from the heart.

MATERIALS LIST

- q-tips
- washable paint
- disposable plates
- copies of craft template
- 2 hula hoops (or painter's tape)
- game cones (or painter's tape)
- 16-20 small balls or other object
- copies of coloring page





LESSON SCRIPT

There was a good-natured millionaire in the town. There were also three beggars in town. Each of them approached the millionaire to ask for help. Each had a different attitude.

The beggar went to the millionaire and said: "I want five coins. Please give me."

The millionaire was taken aback at this man's impudent attitude. "You demand five coins from me as though I owe you the money! If I give you five coins today you'll demand five more tomorrow and there will be no end. Here, take these two rupees and get away," he said.

The man went away with the two rupees.

The next beggar went to the millionaire and said: "Excuse me I have not taken a square meal for the past ten days. Please help me."

"How much do you want?" asked the millionaire.

"Whatever you give me," replied the beggar.



The millionaire had compassion for the starving beggar. "Here, take this ten rupee note. You can have nice food for at least three days." The beggar walked away with the ten rupee note.

The third beggar came. "Oh Boss, I have heard about your successful life and noble qualities. Therefore, I have come to learn from you. May I spend some time with you and observe how you live?" he said.

"Please sit down," said the millionaire. "You appear to be tired. Please take this food," he said, and offered food to the beggar. The Millionaire felt compassion for the tired beggar, but he doubted the man's sincerity. Surely the beggar wanted something more. "Now please tell me what you want from me."

"Oh Boss," replied the beggar; "You have given me this rich food already. What more need I get from you? You have already shown extraordinary kindness towards me. May God bless you!"

But the millionaire, struck by the beggar's sincere spirit, asked the beggar to remain with him and built a decent house for him in his own compound. The rich man and the poor man became very good friends and learned much from one another.

DISCUSSION QUESTIONS

- How can you tell if a person is being sincere?
- Why is sincerity important?
- What happens if a person is continually insincere?
- What words mean the same thing as sincere?



DESCRIPTION

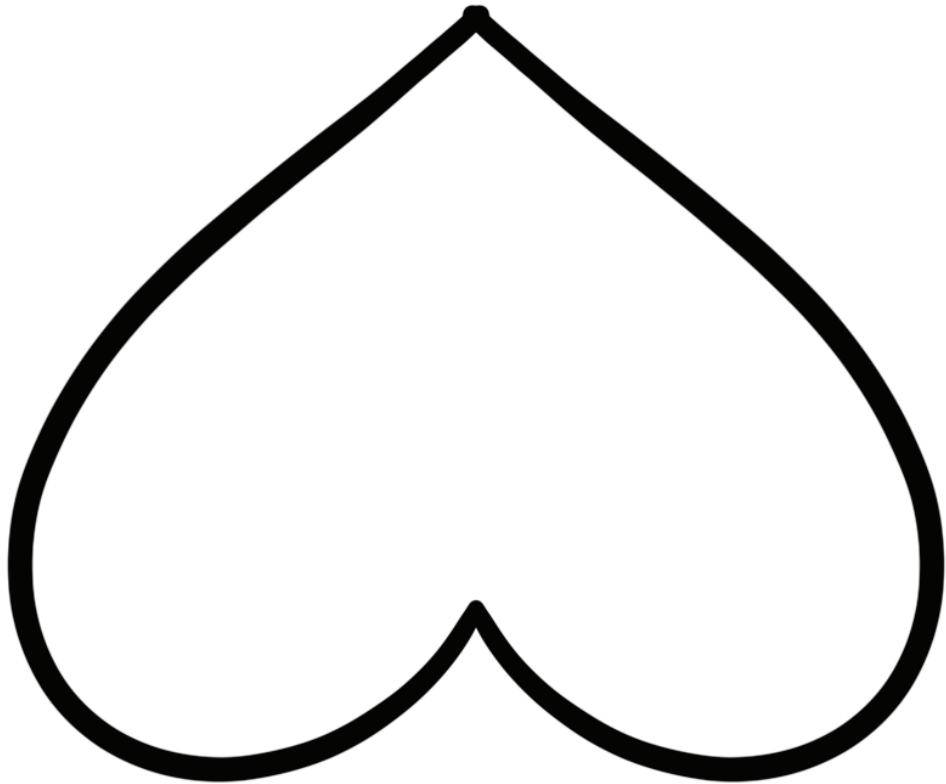
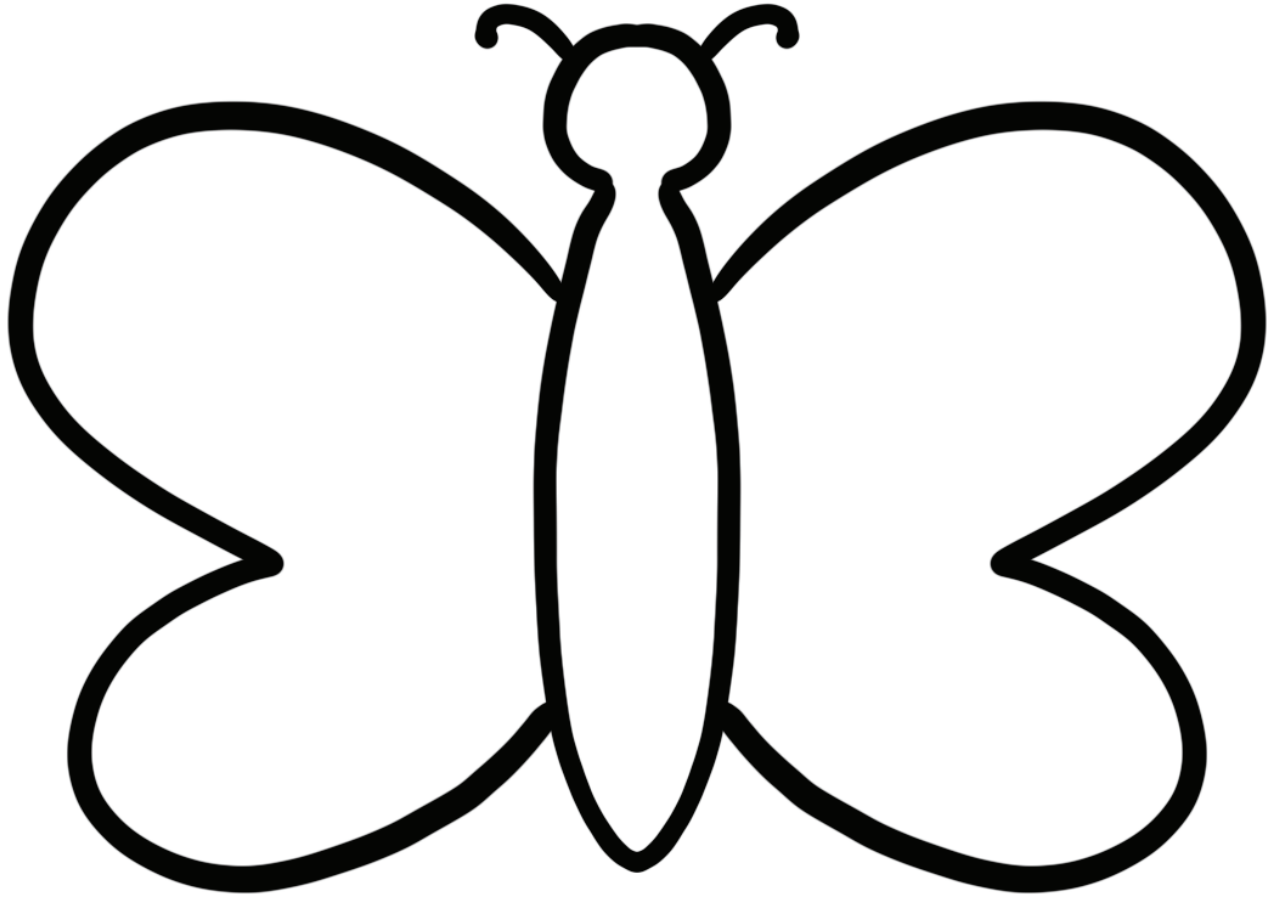
Decorate a heart or butterfly with q-tip dots. Try repetitive patterns and symmetry for fun designs.



DIRECTIONS

1. Print copies of the heart and butterfly templates
2. Squeeze a variety of paint colors onto a paper plate. A quarter size drop should do fine.
3. Pass out q-tips and paint
4. Dip the q-tip into the paint and then touch it to the paper. Make sure to hold the q-tip straight up and down to create perfectly round dots.
5. After the paint has dried cut out the shapes.
6. Optional: glue hearts and butterflies on a piece of colored construction paper for added contrast.







SNEAK

A strategic game involving teamwork, cooperation, verbal communication and energy.

PREPARATION

- Divide the playing field in half with cones (or painter's tape) and designate small "zones" on the outside of each team's half to hold people who are tagged. (Waiting Zone)
- Place a hula hoop (or a square made with painter's tape) with 4-5 balls inside each team's half (Ball Zone).
- Divide into two teams.
- Make sure everyone understand all rules and know where the boundaries are located.
- Tagging must be gentle, no pushing.
- More detailed instructions can be found at: <https://spirituallyhungry.com/sneak-game-instructions/>

DIRECTIONS

1. Each team tries to take all of the other team's balls and return to their half without being tagged.
2. When guarding the Ball Zone or the Waiting Zone, a defender must be at least 2 feet away from the zone boundaries.
3. If a player is tagged while in another team's half, he/she must go to the Waiting Zone on the other team's side.
4. If a player who has stolen the ball is tagged before they reach their half, the ball is returned to the Ball Zone, and the player goes to the Waiting Zone.
5. A player can be freed from the Waiting Zone when a teammate crosses the dividing boundary line and tags the player. Both players then receive a free walk back to their half.
6. A player can only free one teammate at a time.
7. If an opposing player can get one foot into the Ball Zone without being tagged, they can remain there safely (without getting tagged) before attempting to return the ball to their half. Only one ball may be stolen at a time.
8. Once an opposing player has one foot in another team's Ball Zone, that player may throw the ball to a player in his/her half to get the ball in that team's Ball Zone or run over the dividing boundary to return the ball to his/her team's Ball Zone. Player **MUST** remove both feet from the Ball Zone to throw the ball to his team on the other half. A ball thrown with a foot in the Ball Zone will come back, and the player in the Ball Zone will be responsible for escaping back to their half.

